

Commissioner's Notes January 2012

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A monthly newsletter from Commissioner Julian Tackett, Kentucky High School Athletic Association, 2280 Executive Drive, Lexington, Kentucky 40505 859-299-5472 ● www.khsaa.org

It's no secret we are all creatures of habit. There is certainly nothing wrong with settling into a routine. After all, what lesson do we try to teach our student athletes? First, learn to do it right. Second, learn to repeat it time and time again. Before we know it, a routine has been established.

The holiday season is a tricky time for everyone - coaches, administrators and students. It's an important time for everyone to take a little time away to enjoy our families and all the good things that come with it. On the other hand, it breaks the routine that everyone worked hard since the start of the school year to perfect. Everything is put to the test, whether you took a team hundreds of miles away to play in a tournament, you hosted your own event or if you did not play at all and gave your student-athletes a well-deserved break. Did you remember and practice what you learned or did you lose that momentum? January is the time for a fresh start. It's time to take those lessons learned and ideas hatched during your time away and put them in practice. Don't just start a routine - start a better routine. Whether your ultimate goal culminates in March, in May or many moons from now, the only path to success is not

Good luck and may you achieve your goals you set for yourself this year. If there is any way this office can be of assistance to you, please do not hesitate to contact us.

learning to perfect the difficult - it is perfecting the routine.

PNC FOUNDATION SCHOLARSHIP APPLICATION ONLINE

Applications for the 2012 PNC Foundation Sweet 16® scholarships are now available on the KHSAA web site. The PNC Foundation will be awarding 32 one-time \$1,000 scholarships to one boy and one girl from each of the state's 16 regions. The scholarship is open to any senior student-athletes who participated in any KHSAA sanctioned sport (including cheer). Scholarships will be based on excellence in three areas - academic achievement, leadership and school and community service.

For an application, please visit the KHSAA web site at http://www.khsaa.org/forms/bk148.pdf

The application process will remain open until Friday, Feb. 24.

TRIO NAMED NFHS SECTIONAL COACHES OF THE YEAR

A trio of Kentucky coaches - Newport Central Catholic girls track and field coach David Meyers, Green County girls' golf coach Rick Davis and former Christian County boys' basketball coach Kerry Stovall were named the 2011 Section 2 Coaches of the Year for their respective sports by the NFHS.

Meyers led the Thoroughbreds to the Class 1A championship at the 2011 KHSAA State Track and Fleld Meet. The championship was the Newport Central Catholic's third in a row.



Davis led the Lady Dragons to the team title at the 2010 Leachman Buick-GMC-Cadillac/KHSAA State Golf Championships and followed with a runner-up finish at the 2011 event.

After a decade with Christian County, Stovall stepped down at the conclusion of the 2010-11 boys' basketball season. He went out in style as he led the Colonels to their first state championship. The team's 65-63 double overtime victory against Rowan County in the championship of the PNC/KHSAA Boys' Sweet 16®, ended on a last-second shot by Christian County's Veontae Lewis, was hailed as one of the most exciting championship games in state history.

YOUNG RECEIVES HONOR

Jessamine County Superintendent Lu Young was recently named the 2012 Superintendent of the Year by the Kentucky Assocation of School Administrators. Young also will be a candidate for the American Association of School Administrators National Superintendent of the Year award.

During her distinguished educational career, Young has served as a high school Spanish teacher, assistant high school principal, director of curriculum, assistant superintendent and superintendent for Jessamine County Schools.

Young received her bachelor's and master's degrees in Spanish from Eastern Kentucky University and principal and superintendent certification from the University of Kentucky. Young is currently enrolled in the doctoral program for executive education at Northern Kentucky University.

KHSAA LOOKING FOR ANTHEM SINGERS

In preparation for the 2012 Houchens Industries/KHSAA Sweet 16® Girls State Basketball Tournament and the PNC/KHSAA Sweet 16® Boys State Basketball Tournament, the KHSAA is seeking students to sing the national anthem before each session.

If you have a student or small group (less than 12) who would be capable of performing in front of a large audience while representing your school, please contact Darren Bilberry or Phyllis Sallee and submit a sample of their previous anthem performance.

SPORT UPDATES

Baseball, Softball, Track and Tennis

Rules Clinics will be posted on the Association website beginning Feb. 1. Each head coach must log in using their own personal e-mail and password to receive credit prior to viewing the clinic. Remember that all coaches (Head and Assistant) must have completed the online Sports Safety Course prior to any practice or play.

Basketball

As we approach the midway point of the season we remind coaches and administrators to take one more look at their schedules to confirm that they have counted their games correctly. There is a straight count (game for game) to a maximum of 30 games.

Bowling

The Ebonite/KHSAA State Bowling Tournament will be March 22 and 23 (Thursday and Friday) at Executive Bowl in Louisville. A draft of the alignment was sent out to schools at the beginning of the week. We are accepting comments on the alignment until Jan. 20. The office is securing sites and host schools for the regional tournaments. Those sites and schools will be announced once in place.

Cheer

Several reminders regarding rules and safety were sent out to Athletic Directors and Cheer coaches with regard to activities in and around basketball and sideline actions. Please review these points of emphasis with members of your squad.

Football

All schools are required to submit spring practice dates by Dec. 15. Those dates are posted on the KHSAA website and schools not submitting dates may not conduct spring practice.

Softball

The Rawlings/KHSAA State Softball Tournament will once again use a three-day format and will be held at Jack C. Fisher Park in Owensboro on June 7-9.

Swimming & Diving

The 2012 Pannell Swim Shop/KHSAA State Swimming & Diving Championships will be contested on Feb. 23-25 at the Ralph Wright Natatorium on the campus of the University of Louisville. The diving preliminaries only will be held on Thursday, with the swimming events taking place on Friday. Both swimming and diving final events will take place on Saturday.

Tennis

The tennis advisory committee will conduct its next meeting on Thursday, Jan. 26 at 1 p.m. at the KHSAA office in Lexington.

Track

The first day for competition began on Monday, Jan. 9.

Volleyball

The State Volleyball Tournament for 2012 will again be held at Bellarmine University in Louisville. Dates of the event will be Oct. 26-27.

Wrestling

Postseason instructions for regional wrestling tournaments have been posted on the KHSAA website. Please go to www. khsaa.org/wrestling/regional.html.

The 2012 State Wrestling tournament has moved to Alltech Arena at the Kentucky Horse Park on Feb. 17-18.

REMAINING 2011-12 KHSAA CHAMPIONSHIP DATES

Feb. 17-18	Wrestling	Alltech Arena at Kentucky Horse Park, Lexington
Feb. 23-25	Pannell Swim Shop/ KHSAA Swimming & Diving	Wright Natatorium, Louisville
March 7-10	Houchens Industries/ KHSAA Girls' Basketball	E.A. Diddle Arena, Bowling Green
March 14-17	PNC/KHSAA Boys' Basketball	Rupp Arena, Lexington
March 22-23	Ebonite/KHSAA Boys' and Girls' Bowling	Executive Bowl, Louisville
May 17-19	Boys' & Girls' Tennis	Lexington
May 17-19	Boys' & Girls' Track and Field	Owsley Frazier Cardinal Park, Louisville
June 7-9	Rawlings/KHSAA Softball	Jack C. Fisher Park, Owensboro
June 4-9	Kentucky National Insurance/KHSAA Baseball	Whitaker Bank Ballpark, Lexington

UPCOMING EVENTS

Jan. 25 Regular KHSAA Board of Control Meeting, Lexington

Thanks for all of your continued support!

Julian Tackett

